



# APPROPRIATIONS RECOMMENDATIONS

**FOR FISCAL YEAR 2020**

The Mental Health Liaison Group (MHLG) is a coalition of national organizations representing consumers, family members, mental health and addiction providers, advocates, payers and other stakeholders committed to strengthening Americans' access to mental health and addiction care. As trusted leaders in the field, our 60+ member organizations are dedicated to elevating the national conversation around mental health and addiction.

**Together, we work to advance federal policies that support prevention, early intervention, treatment and recovery services and supports.**

## ENDORISING ORGANIZATIONS

*American Art Therapy Association*  
*American Association for Marriage and Family Therapy*  
*American Association for Psychoanalysis in Clinical Social Work*  
*American Association of Child & Adolescent Psychiatry*  
*American Counseling Association*  
*American Dance Therapy Association*  
*American Foundation for Suicide Prevention*  
*American Group Psychotherapy Association*  
*American Nurses Association*  
*American Occupational Therapy Association*  
*American Psychiatric Association*  
*American Psychiatric Nurses Association*  
*American Psychological Association*  
*Anxiety and Depression Association of America*  
*Association for Behavioral Health and Wellness*  
*Clinical Social Work Association*  
*College of Psychiatric and Neurologic Pharmacists*  
*Depression and Bipolar Support Alliance*  
*Eating Disorders Coalition*  
*Education Development Center, Inc.\**  
*EMDR International Association\**  
*The Global Alliance for Behavioral Health and Social Justice*  
*International Certification & Reciprocity Consortium*  
*International OCD Foundation*  
*The Jewish Federations of North America*  
*Mental Health America*  
*National Alliance on Mental Illness*  
*National Alliance to Advance Adolescent Health*  
*National Association for Children's Behavioral Health*  
*National Association of County Behavioral Health and Developmental Disability Directors*  
*National Association of School Psychologists*  
*National Association of Social Workers*  
*National Association of State Alcohol and Drug Abuse Directors*  
*National Association of State Mental Health Program Directors*  
*National Association for Rural Mental Health*  
*National Board for Certified Counselors*  
*National Council for Behavioral Health*  
*National Disability Rights Network*  
*National Federation of Families for Children's Mental Health*  
*National League for Nursing*  
*National Register of Health Service Psychologists*  
*School Social Work Association of America*  
*SMART Recovery*  
*Treatment Communities of America*  
*The Trevor Project*

*\*Affiliate members*

## SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA)

*(Dollars in millions)*

### Community Mental Health Services Block Grant (MHBG)

FY 2019 Enacted	FY 2020 MHLG Request
\$701.523	\$1,201.523

The MHBG awards funding to states to supplement existing mental health services and/or to fund new activities. Services supported by the MHBG include outpatient treatment for serious mental illnesses, such as schizophrenia and bipolar disorders; supported employment and supported housing; rehabilitation services; crisis stabilization and case management; peer specialist and consumer-directed services; wraparound services for children and families; jail diversion programs; and services for at-risk populations.

### Substance Abuse Prevention and Treatment Block Grant (SAPT)

FY 2019 Enacted	FY 2020 MHLG Request
\$1,778.879	\$2,278.879

The SAPT block grant distributes funds to eligible states and territories to plan, carry out, and evaluate substance abuse prevention, treatment, and recovery support services for individuals, families, and communities impacted by substance abuse. In 2015, SAPT accounted for approximately 32 percent of total state substance abuse agency funding and 23 percent of total state substance abuse prevention and public health funding. Outcome measures from the most recent year for which data is available show that the SAPT has been successful in expanding treatment capacity by supporting approximately two million admissions to treatment programs receiving public funding.

### Promoting Integration of Primary and Behavioral Health Care (PIPBHC) & National Center of Excellence for Integrated Health Solutions

Program Title	FY 2019 Enacted	FY 2020 MHLG Request
PIPBHC Grants	\$49.877	\$49.877
PIPBHC TA Center	\$1.991	\$1.991

PIPBHC provides states the opportunity to support community behavioral health and primary care organizations in partnering to provide essential primary care services to adults with serious mental illness. Because of this program, more than 100,000 people with serious mental health and addiction disorders have been screened and treated for diabetes, heart disease and other common and deadly illnesses at over 210 grantee sites in 40 states to help stem the alarming early death rate from these health conditions in this population.

### Suicide Prevention

Program	FY 2019 Enacted	FY 2020 MHLG Request
National Suicide Prevention Lifeline	\$12.0	\$80.0
GLS Suicide Prevention Resource Center	\$5.988	\$8.488

The **National Suicide Prevention Lifeline** provides 24/7, free and confidential support for people in distress, prevention and crisis resources, and best practices for professionals. Increased funding would empower Lifeline to bolster funding to Call Centers nationwide, fortify national back-up call centers, increase chat capabilities, and increase infrastructure and administration of Lifeline services. The **Garrett Lee Smith (GLS) Memorial Act** manages two youth suicide prevention programs and one resource center. The GLS SPRC builds national capacity for preventing suicide by providing technical assistance, training, and resources to assist states, tribes, organizations, and SAMHSA grantees to develop suicide prevention strategies that advance the National Strategy for Suicide Prevention, with the overall goal of reducing suicides and suicidal behaviors in the nation.

### Certified Community Behavioral Health Clinics (CCBHC) Expansion Grants

FY 2019 Enacted	FY 2020 MHLG Request
\$150.000	\$150.000

The Excellence in Mental Health and Addiction Treatment Act created an eight state Medicaid demonstration designed to provide intensive community-based mental health and addiction treatment services to low income persons through Certified Community Behavioral Health Clinics (CCBHCs). In FY2019, Congress appropriated \$150 million in CCBHC expansion grants, designed to further the reach of these effective and efficient organizations. These grants provide organizations opportunity to dramatically expand access to comprehensive and evidence-based mental health and addiction care by attesting to and offering the required array of services.

### Strategic Prevention Framework (SPF) Grants

FY 2019 Enacted	FY 2020 MHLG Request
\$119.484	\$119.484

SPF funding supports the Partnerships for Success Program and SPF Rx Program, which strengthen data-driven substance abuse prevention efforts that address underage drinking and prescription drug misuse among youth and young adults. Data show that states and communities receiving SPF funding have made improvements in reducing the impact of substance abuse in target areas, especially populations disproportionately impacted by the consequences of substance use.

### Protection and Advocacy for Individuals with Mental Illness (PAIMI)

FY 2019 Enacted	FY 2020 MHLG Request
\$36.146	\$40.146

Protection and Advocacy agencies investigate abuse and neglect and rights violations in all public and private facilities and community settings, including hospitals, nursing facilities and group homes – and oversee the effectiveness of state agencies that license and regulate these programs. PAIMI program staff help ensure that people with mental illness have access to education, housing, employment, health care, and other necessary supports and services in the community so they can remain in their communities and be economically self-sufficient. Additionally, they play a critical role in assisting justice-involved individuals with mental illness.

## HEALTH RESOURCES AND SERVICES ADMINISTRATION (HRSA)

(Dollars in millions)

### Behavioral Health Workforce Education and Training (BHWET) Program

FY 2019 Enacted	FY 2020 MHLG Request
\$75.000	\$75.000

BHWET expands mental and behavioral health services for underserved populations by supporting pre-degree clinical internships and field placements for doctoral-level psychology students, master's-level social workers, school social workers, professional and school counselors, psychiatric-mental health nurse practitioners, occupational therapists, behavioral pediatrics, training programs in psychiatry, substance use disorder prevention, and marriage and family therapists.

### Mental and Behavioral Health Programs

FY 2019 Enacted	FY 2020 MHLG Request
\$36.916	\$36.916

Programs funded through HRSA's Mental and Behavioral Health account include the Graduate Psychology Education (GPE) Program, which provides grants to accredited psychology doctoral, internship and postdoctoral training programs to support the interprofessional training of psychology graduate students while also providing mental and behavioral health services to underserved populations. GPE funds may be used to support student, intern and postdoctoral stipends, curriculum development, model demonstration programs, faculty supervision and technical assistance.

### Loan Repayment Program for Substance Use Disorder (SUD) Treatment Workforce

FY 2019 Enacted	FY 2020 MHLG Request
N/A	\$25.000

Authorized in the SUPPORT Act of 2018, this program would expand the substance abuse treatment workforce by providing loan repayment for eligible mental and behavioral health professionals working full-time in high-need communities or federally-designated mental health professional shortage areas. Funding for this loan repayment program would help reduce this significant treatment gap by expanding the supply of qualified mental and behavioral health providers trained to deliver evidence-based SUD treatment services.

### Mental and Substance Use Disorder Workforce Training Demonstration Program

FY 2019 Enacted	FY 2020 MHLG Request
N/A	\$10.000

Authorized in the 21<sup>st</sup> Century CURES Act, this program would award grants to institutions such as medical schools and Federally qualified health centers to support training for medical residents and fellows in psychiatry and addiction medicine, as well as nurse practitioners, physician assistants and others who are willing to provide substance use disorder treatment in underserved communities.

## NATIONAL INSTITUTES OF HEALTH (NIH)

(Dollars in millions)

### National Institutes of Health: Mental Health and Substance Abuse Research

Program	FY 2019 Enacted	FY 2020 MHLG Request
National Institutes of Health	\$39,084.000	\$41,584.000

Scientific advances have led to astounding discoveries about the mental health and substance use disorders. Continued investments in research will aid in developing rapid, effective treatments for behavioral health disorders and facilitate early identification and intervention. Given that mental health and substance use conditions frequently co-occur, MHLG requests that the above increase be distributed evenly among all NIH Institutes, including those of highest priority to the MHLG: National Institute of Mental Health (NIMH); National Institute on Drug Abuse (NIDA); and National Institute on Alcohol Abuse (NIAAA). The requested increase is equal to the cost of biomedical research inflation and will help to ensure that NIH-funded research can continue to improve our nation's health.

## DEPARTMENT OF HEALTH & HUMAN SERVICES OFFICE FOR CIVIL RIGHTS (OCR)

(Dollars in millions)

### Compassionate Communication on HIPAA

FY 2019 Enacted	FY 2020 MHLG Request
N/A	\$2.0

HIPAA regulations allow health professionals to share information with a patient's loved ones in emergency or dangerous situations. However, widespread misunderstandings to the contrary persist and create obstacles to family support that is crucial to the proper care and treatment of persons experiencing a crisis situation – such as a psychiatric episode or a drug overdose. To enhance the quality of behavioral health and medical/surgical services, it is essential that model programs and training materials be developed for health care professionals regarding permitted uses and disclosures of Protected Health Information (PHI) through HIPAA.

## FY2020 APPROPRIATIONS RECOMMENDATIONS

(Dollars in millions)

Program	FY19 Enacted	FY20 MHLG Request
<b>SAMHSA Center for Mental Health Services (CMHS)</b>		
Community Mental Health Services Block Grant	\$701.532	\$1,201.532 (+\$500.0 vs FY19)
Children’s Mental Health Services	\$125.000	\$125.000 (level to FY19)
PATH Homelessness Program	\$64.635	\$64.635 (level to FY19)
Protection and Advocacy (PAIMI)	\$36.146	\$40.146 (+\$4.0 vs FY19)
Certified Community Behavioral Health Clinics (CCBHCs) Expansion Grants	\$150.000	\$150.000 (level to FY19)
CMHS Programs of Regional & National Significance	\$395.774	\$567.158 (-\$171.384 vs FY19)
Project Aware State Grants	\$71.001	\$71.001 (level to FY19)
Mental Health First Aid	\$20.963	\$20.963 (level to FY19)
National Child Traumatic Stress	\$63.887	\$63.887 (level to FY19)
Children & Family Programs	\$7.229	\$7.229 (level to FY19)
Consumer and Family Network Grants	\$4.954	\$4.954 (level to FY19)
Project LAUNCH	\$23.605	\$34.489 (+\$10.884 vs FY19)
Promoting Integration of Primary and Behavioral Health Care (PIPBHC) Grants	\$49.877	\$49.877 (level to FY19)
PIPBHC- National Center of Excellence for Integrated Health Solutions	\$1.991	\$1.991 (level to FY19)
National Suicide Prevention Lifeline	\$12.0	\$80.0 (+68.0 vs FY19)
Garrett Lee Smith (GLS) State/Tribal Youth Suicide Prevention Grants	\$35.427	\$35.427 (level to FY19)
GLS Campus Suicide Prevention Grants	\$6.488	\$6.488 (level to FY19)
GLS American Indian and Alaskan Native Suicide Prevention Initiative	\$2.931	\$2.931 (level to FY19)
National Strategy for Suicide Prevention Grants	\$11.2	\$11.2 (level to FY19)
Homelessness Prevention	\$30.696	\$30.696 (level to FY19)
Criminal & Juvenile Justice Programs	\$4.269	\$14.269 (+\$10.0 vs FY19)
Assertive Community Treatment	\$5.000	\$15.000 (+\$10.0 vs. FY19)
Infant & Early Childhood Mental Health Promotion, Intervention and Treatment	\$5.000	\$5.000 (level to FY19)
Consumer and Consumer Supporter Technical Assistance Centers <i>(Science and Service)</i>	\$1.918	\$1.918 (level to FY19)
Practice Improvement and Training Programs <i>(Science and Service)</i>	\$7.828	\$7.828 (level to FY19)
GLS Suicide Prevention Resource Center (SPRC) <i>(Science and Service)</i>	\$5.988	\$8.488 (+\$2.5 vs FY19)
<b>SAMHSA Center for Substance Abuse Prevention (CSAP)</b>		
CSAP Programs of Regional & National Significance	\$205.469	\$205.469 (level to FY19)
Strategic Prevention Framework (SPF) Grants	\$119.484	\$119.484 (level to FY19)
SPF Grants for Prescription Drugs (SPF Rx Program)	\$10.000	\$10.000 (level to FY19)
Sober Truth on Preventing Underage Drinking	\$8.000	\$8.000 (level to FY19)
Minority AIDS Initiative	\$41.205	\$41.205 (level to FY19)

Program	FY19 Enacted	FY20 MHLG Request
<b>SAMHSA Center for Substance Abuse Treatment (CSAT)</b>		
Substance Abuse Prevention and Treatment Block Grant	\$1,778.879	\$2,278.879 (+\$500.0 vs FY19)
State Targeted Response to the Opioid Crisis	\$1,500.000	\$1,500.000 (level to FY19)
CSAT Programs of Regional & National Significance	\$458.677	\$465.243 (\$6.566 vs FY19)
Screening, Brief Intervention & Referral to Treatment	\$30.000	\$30.000 (level to FY19)
Treatment Systems for Homeless	\$36.686	\$36.686 (level to FY19)
Minority AIDS Initiative	\$65.570	\$65.570 (level to FY19)
Targeted Capacity Expansion: MAT for Prescription Drug and Opioid Addiction	\$89.000	\$89.000 (level to FY19)
Building Communities of Recovery (BCOR)	\$6.000	\$10.000 (+\$4.0 vs FY19)
Pregnant and Postpartum Women	\$29.931	\$29.931 (level to FY19)
Grants to Prevent Prescription Drug and Opioid Overdose Related Deaths	\$12.000	\$12.000 (level to FY19)
First Responder Training – Overdose Reversal	\$36.000	\$36.000 (level to FY19)
Recovery Community Services Program-Statewide Network	\$2.434	\$5.0 (+\$2.566 vs Fy19)
Peer Support Technical Assistance Center	---	\$1.0 (+\$1.0 vs FY19)
<b>SAMSHA Health Surveillance &amp; Program Support, Agency-Wide Initiatives</b>		
Minority Fellowship Program	\$13.200	\$14.700 (+\$1.5 to FY19)
Behavioral Health Workforce Data and Development	\$1.000	\$1.000 (level to FY19)
<b>Health Resources and Services Administration (HRSA)</b>		
Pediatric Subspecialty Loan Repayment	---	\$50.0 (+\$50.0 to FY19)
Mental and Behavioral Health	\$36.916	\$36.916 (level to FY19)
Behavioral Health Workforce Education and Training (BHWET) Program	\$75.000	\$75.000 (level to FY19)
Increasing Access to Pediatric Mental Health Care	\$10.000	\$10.000 (level to FY19)
Screening and Treatment for Maternal Depression	\$5.000	\$5.000 (level to FY19)
Loan Repayment Program for Substance Use Disorder Treatment Workforce	---	\$25.000 (+\$25.0 to FY19)
Mental and Substance Use Disorder Workforce Training Demonstration Program	---	\$10.000 (+\$10.0 vs FY19)
Public Health and Preventive Medicine	\$17.000	\$24.000 (+\$7.0 vs FY19)
<b>National Institutes of Health (NIH)</b>		
National Institutes of Health	\$39,084.000	\$41,584.000 (+\$2,500 vs FY19)
<i>The Mental Health Liaison Group requests a \$2.5 billion increase to the operating budget of the National Institutes of Health for FY2020. MHLG requests that such an increase be distributed evenly among all NIH Institutes, including those of highest priority to the MHLG: National Institute of Mental Health (NIMH); National Institute on Drug Abuse (NIDA); and National Institute on Alcohol Abuse (NIAAA).</i>		
<b>Department of Health and Human Services (At-Large)</b>		
HHS OCR: Compassionate Communication on HIPAA	---	\$2.0 (+\$2.0 vs FY19)
<b>Department of Justice</b>		
Bureau of Justice Assistance & Community-Oriented Policing Services, STOP School Violence Act	---	\$75.0 (+\$75.0 vs FY19)
Community-Oriented Policing Services, STOP School Violence Act	---	\$25.0 (+\$25.0 vs FY19)