MHLG | MENTAL HEALTH LIAISON GROUP

February 24, 2025

The Honorable Mike Crapo Chairman, Finance Committee 219 Dirksen Senate Office Building Washington, DC 20510

The Honorable Bill Cassidy Chairman, Health Education Labor and and Pensions Committee 428 Dirksen Senate Office Building Washington, DC 20510 The Honorable Ron Wyden Ranking Member, Finance Committee 219 Dirksen Senate Office Building Washington, DC 20510

The Honorable Bernie Sanders Ranking Member, Health Education Labor Pensions Committee 428 Dirksen Senate Office Building Washington, DC 20510

Dear Chairman Crapo, Ranking Member Wyden, Chairman Cassidy, Ranking Member Sanders:

The Mental Health Liaison Group (MHLG) is a coalition of national organizations representing consumers, family members, mental health and addiction providers, advocates, payers and other stakeholders committed to strengthening Americans' access to mental health and substance use disorder (SUD) care. As trusted leaders in the field, our more than 100 member organizations are dedicated to elevating the national conversation around mental and behavioral health. We look forward to working with the 119th Congress to continue to advance policies which improve access to mental and behavioral health services and support the dedicated providers who deliver this care.

The state of mental health in America remains a national crisis, with too many Americans, across the lifespan, struggling with mental and behavioral health challenges without the support needed to manage and recover from these conditions. The crisis is exacerbated by many factors, including persistent workforce shortages, continued barriers to care, and enduring stigma.

- In the United States, 1 in 5 individuals experience a mental illness each year, and 1 in 20 experience a serious mental illness.ⁱ
- In 2022, more than 49,000 lives were lost to suicide in the United States.ⁱⁱ
- Millions of people across the US have a SUD. While overdose deaths are beginning to decline from a peak in 2021, fentanyl related deaths remain troublingly high.^{iiiiv}
- In 2023, nearly 30% of high school students reported poor mental health, 20% seriously contemplated suicide, and nearly 1 in 10 made an attempt.^v

The Mental Health Liaison Group has a long history of working in a bipartisan manner on the development, passage and implementation of mental health and SUD policies. The continuation of and steady funding for federal programs, which support access to behavioral health services and bolster the mental health and SUD workforce, are essential. Instability in these critical programs can have significant, damaging effects to providers and their patients who rely on them. As we noted last year (letter), the MHLG encourages reauthorization of the

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bipartisan *Substance Use Disorder Prevention that Promotes Opioid Recovery and Treatment Act* or *SUPPORT Act*, to ensure the continuation of these lifesaving programs and policies.

Further, Medicaid is the largest payer of mental and behavioral health services in the United States, providing essential health care coverage, services, and supports for individuals with disabilities and those with complex medical conditions. Together, Medicaid and the Children's Health Insurance Program (CHIP) provide health insurance coverage to half of the children across the country. The role of Medicaid in facilitating access to mental health and SUD treatment cannot be overstated. As this Committee considers changes to the Medicaid program, we encourage you to work with MHLG Members to understand how policy proposals will impact the millions of children and adults with mental health conditions and SUDs who rely on Medicaid.

Given that both the Senate Finance Committee and Senate Health Education Labor and Pensions Committee have a longstanding commitment to bipartisan collaboration on mental and behavioral health policy, we look forward to working with you as Congress and the new Administration seek to examine current federal investments. The national member organizations of the Mental Health Liaison Group stand ready to be a resource on federal grant programs and services which provide essential support to states and communities and facilitate access to mental health and SUD care. Please reach out to the MHLG Health Policy Committee Chairs, <u>Maeghan Gilmore</u>, <u>Jennifer Snow</u>, <u>Katrina Velasquez</u> and <u>Cynthia Whitney</u>, with any questions.

Sincerely,

Active Minds ACTNow for Mental Health (ANMH) American Academy of Child and Adolescent Psychiatry American Academy of Nursing American Art Therapy Association American Association for Marriage and Family Therapy American Association for Psychoanalysis in Clinical Social Work American Association of Psychiatric Pharmacists American Association on Health and Disability American Foundation for Suicide Prevention American Group Psychotherapy Association American Mental Health Counselors Association American Nurses Association American Occupational Therapy Association American Psychiatric Association American Psychological Association Services American Therapeutic Recreation Association Anxiety and Depression Association of America Association for Ambulatory Behavioral Healthcare Association for Behavioral Health and Wellness Center for Law and Social Policy (CLASP) Centerstone Children and Adults with Attention-Deficit/Hyperactivity Disorder

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Children's Hospital Association **Clinical Social Work Association Collaborative Family Healthcare Association** Committee for Children **Community Catalyst Depression and Bipolar Support Alliance** EAPA **Emergency Nurses Association Employee Assistance Professionals Association** Families USA Fountain House Global Alliance for Behavioral Health & Social Justice Huntington's Disease Society of America IC&RC Inseparable International OCD Foundation International Society of Psychiatric-Mental Health Nurses The Kennedy Forum Legal Action Center Maternal Mental Health Leadership Alliance Mental Health America NAADAC, the Association for Addiction Professionals National Alliance on Mental Illness The National Alliance to Advance Adolescent Health/Got Transition National Association for Rural Mental Health (NARMH) National Association of County Behavioral Health and Developmental Disability Directors (NACBHDD) National Association of Pediatric Nurse Practitioners National Association of Peer Supporters National Association of School Psychologists National Association of Social Workers National Association of State Mental Health Program Directors National Board for Certified Counselors National Council for Mental Wellbeing National Council on Problem Gambling National Disability Rights Network (NDRN) National Eating Disorders Association National Federation of Families National Health Care for the Homeless Council National League for Nursing National Register of Health Service Psychologists National Women's Shelter Network, Inc. Network of Jewish Human Service Agencies NHMH - No Health without Mental Health Policy Center for Maternal Mental Health **Postpartum Support International** PsiAN Psychotherapy Action Network (PsiAN) REDC Sandy Hook Promise School Social Work Association of America



SMART Recovery Tourette Association of America Western Youth Services Youth Power Project Youth Villages

ⁱ <u>Key Substance Use and Mental Health Indicators in the United States: Results from the 2021 National Survey on Drug</u> <u>Use and Health</u>

- ⁱⁱ <u>Vital Signs: Suicide Rates and Selected County-Level Factors United States, 2022</u>
- ⁱⁱⁱ Products Vital Statistics Rapid Release Provisional Drug Overdose Data
- iv Mental Health and Substance Use State Fact Sheets | KFF

^v <u>Youth Risk Behavior Survey Data Summary & Trends Report: 2013-2023," U.S. Centers for Disease Control and</u> <u>Prevention, August 2024.</u>